

Faith M. Battles Assistant Agency Director

Andrea Ford, Agency Director

#### 2020-2024 Countywide Area Plan for Older Adults '23-'24 Annual Area Plan Update (APU) - Frequently Asked Questions (FAQ) (APU-FAQ)

#### 1. Who is the Alameda County Area Agency on Aging (AAA)?

Alameda County's Area Agency on Aging (AAA) is housed in the Social Services Agency - Adult and Aging Services department. AAA works with community-based organizations, public and private sector partners, and consumers to provide older adults in the County with services including: Adult Day Care, Family Caregiver Support, Food and Nutrition, Legal Assistance, Senior Information and Assistance, Long Term Care Ombudsman Services, Senior Center Services, and Visiting.

## 2. What is the 2020-2024 Countywide Area Plan for Older Adults (CWAP)?

The CWAP is a comprehensive document produced by the AAA every four years detailing plans to make the County as age friendly as possible. It's not just a good idea; it's the law. AAA submits the CWAP to the State of California as required by the Older Americans Act and Older Californians Act. But that's only the beginning. For all four years, the CWAP serves as the County's blueprint for the programs and activities that benefit residents aged 55 plus.

Throughout 2019 and early part of 2020, Alameda County undertook a public planning process that resulted in the 2020-2024 CWAP. This effort involved multiple departments within Alameda County, including the Social Services Agency, Health Care Services Agency, Public Health, Behavioral Health Care Services, and other agencies. The planning was steered by a committee that included community-based organizations, members of the County's Advisory Commission on Adult aging, representatives from cities, consumers, academics, and other stakeholders.

### 3. What is the Annual Area Plan update (APU?)

Each year during the four-year cycle, Alameda County submits to the state an Area Plan Update (APU), reporting our progress on the goals of the CWAP. The 2023-2024 APU will be the fourth and last update to the 2020-2024 CWAP.

#### 4. What are the goals of the 2020-2024 Area Plan?

- 1) Advance Age-Friendly Alameda County in every community.
- 2) Coordinate service delivery and performance measurement.
- 3) Ensure "No Wrong Door" and seamless access to services.
- 4) Advocate for solutions and systems change to address complex needs.

## 5. Why should I attend a public hearing about the APU?

If you care about these goals, the virtual public hearing ensures your questions and comments will be heard and incorporated into the final '23-'24 APU.

Is Alameda County making progress towards the CWAP's goals? Does the draft APU reflect that progress? We need to hear from you!

# 6. Where can I read the 2020-2024 CWAP, the draft APU, and previous updates?

All Alameda County CWAP and APU documents may be found at <u>https://www.alamedacountysocialservices.org/our-services/Seniors-and-Disabled/Area-Agency-on-Aging/Planning/Planning</u>

## 7. How can I attend the hearing?

Date/Time: Thursday, May 25, 2023, 11 AM. See the announcement at <u>https://www.alamedacountysocialservices.org/about-us/Adult-and-Aging-Services/advisory-commission-on-aging</u>

To participate:

Zoom:

https://us06web.zoom.us/j/85943976848?pwd=NnE0WXZzTUU4NIVHeEFrT2w zVjdFdz09

*Phone*: +1 669 900 6833 US (San Jose)/Meeting ID 85943976848 /Passcode: 959441

For more info: Contact <u>aaa@acgov.org</u>. Thank you!